1 T. grated Beeswax = 1/2 ounce
In the recipes, ounces are by weight

**Borax:** Water softener and emulsifier.
Weak antiseptic.

**Cocoa Butter:** Used as an emollient.
It is hard at room temp, but melts when applied to skin.

**Coconut Oil:** A small amount makes the product moisturizing, while larger amounts can be drying.

**Grapeseed Oil:** Light and non-greasy.
An emollient and usually non-allergenic.

**Olive Oil:** A good moisturizer. Attracts external moisture.

**Shea Butter:** Rich in vitamins, used as an emollient and a barrier against environmental stress.

Never melt wax over an open flame

Always use caution when dealing with melted product

**Remember to Exfoliate!**
So easy you can mix it in the container!

1 c. light brown sugar (or a mix of brown sugar and kosher or sea salt)

1/4 c. oil

2 T. Honey

Measure brown sugar into container. Make sure there are not lumps. Add oil and honey. Stir to combine!

**Readings:**

Herbal Remedies for Dummies

The Beekeeper’s Bible, By Stewart, Tabori & Chang

The Herbal Body Book by Stephanie Tourles

From Earth to Herbalist, by Gregory L. Tilford

Interesting Websites:

[www.makeyourcosmetics.com](http://www.makeyourcosmetics.com)

[www.bathandbodyrecipes.com](http://www.bathandbodyrecipes.com)

[www.rachelssupply.com/bwax.htm](http://www.rachelssupply.com/bwax.htm)

[http://www.oardc.ohio-state.edu/gdd/](http://www.oardc.ohio-state.edu/gdd/)

It’s time to bee creative!
Basic Recipes

Non-Petroleum Jelly
½ c. oil (your choice)
1 oz beeswax
Melt oil and beeswax together. Pour into containers, let cool.

Hand Lotion:
3/4 C. beeswax
1 C. sweet almond oil
1/2 C coconut oil or any other oil
1.5 oz water
2 grams borax
Melt oils and beeswax in a double boiler. Use a thermometer and check the temp. Heat the water to the same temp then add the borax. Use a whisk and begin adding the water mixture to the oil/beeswax. It will immediately begin to emulsify.

Lip Balm
2 T. Grated beeswax
1 t. sunflower oil
1 t. grapeseed oil
2 drops vitamin E oil
Heat beeswax and oils together. Stir well to combine. Pour into jars.

Lip Balm II
1 T. beeswax
2 T. coconut oil
2 capsules vitamin E
Coconut oil, and beeswax together until melted. Vitamin E capsules into mixture. Pour into container.

Propolis Ointment
1 T. finely powdered propolis
1/2 c. olive oil
3T. melted beeswax
Mix together propolis and olive oil in a jar. Shake daily for 2 weeks. Oil should darken and smell like propolis.
In a double boiler, heat mixture to 150 F, mix in melted beeswax. Pour into container.

Antiseptic Balm
1.5 oz. beeswax
1 oz. olive oil
3 oz. almond oil
10 drops Myrrh Essential Oil
10 drops Tea Tree Oil

Lotion Bar I
4.5 oz Beeswax
4.5 oz Shea Butter
4.5 oz. Cocoa Butter
4.5 oz. Olive Oil
Melt all ingredients in a double boiler and pour into molds

Anti-Itching Salve
2 oz. beeswax
1 pint olive oil
1 T. comfrey powder
1 T. mullein powder
2 T. calendula petals

Basic Calendula Salve
1 c. calendula infused oil
1/4 c. shea butter
1/4 c. beeswax
Heat oil and shea butter, melt in beeswax. Pour into containers.

Gardener’s Balm
1 1/2 oz. beeswax
1/2 c. grapeseed oil
2 T. Aloe vera gel
2 t. Vitamin E. oil
1/2 c. almond oil
Essential oil blend – 12 drops
Place wax, oils and gel in double boiler. Melt. Remove from heat, whisk until cool. Add essential oils. Pour into containers. Store 1-2 days before using.